



Seed Spouting

Let's watch a seed sprout and grow!

You will need

dried beans

small clear plastic cups

paper towels

a piece of construction paper

Line the plastic cup with a piece of construction paper. Crumple up 2 sheets of paper towels and put inside the cup. Place 4 beans in the cup between the construction paper and the side of the cup. Water the paper towels until they are soaked.

Now place the cup on a windowsill and watch the seeds grow! Keep the paper towels wet. You will soon see the roots, stem, and leaves!

Optional - Add a reading of the Time For Kids book, How Plants Grow and pass out a life cycle of plants coloring sheet.