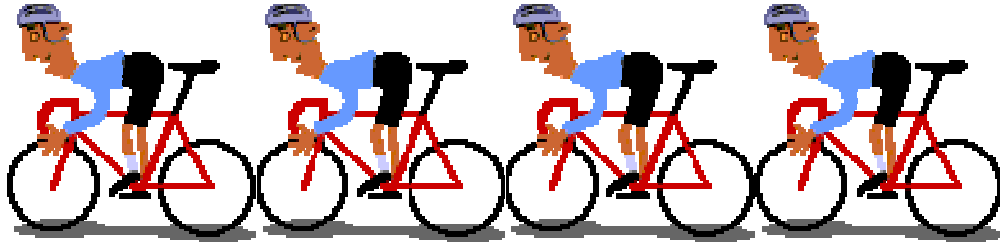


HOW TO CONDUCT A BIKE RODEO



BEFORE

1. Select a chairperson and committee members.
2. Send for materials.
3. Set a tentative date.
4. Contact grade school principals with a tentative proposal.
5. Revise plans based on principal's input.
6. Contact police and patrol for help in registration, inspection and classroom presentations.
7. Contact newspapers, radio and T.V. for publicity.
8. Send notices to all teachers.
9. Duplicate copies of materials.
10. Send materials for each teacher to the principals.
11. Sign up helpers from the SAFETY Club or Traffic Education classes and assign specific duties.
12. Gather supplies.
13. Provide transportation to and from the rodeo site.
14. Call reporter.
15. Go to the site before the scheduled day and plan the layout.
16. Provide student helpers with a description of the skills and sample score sheets.

BIKE RODEO DAY

1. Check with students scheduled to help and instruct them as to what to do.
2. Check list of supplies.
3. Leave early enough to be set up when students arrive.
4. Be certain the end of one exercise does not conflict with the beginning of another when setting up.
5. Assign at least two students to each exercise, to the inspection and to the registration.
6. Have students define clearly what is expected of each rider.
 - a. Describe the skill to each rider.
 - b. Explain the scoring.
 - c. Give the rider a chance to get a good start.
 - d. Watch carefully.
 - e. Score on the appropriate line.
 - f. Encourage the rider.
 - g. Thank the rider.
7. Keep the inspection removed from the rodeo.
8. Have one student total scores when the child completes all exercises.
9. Send score/inspection sheet home with the riders.

AFTER

1. Return all borrowed supplies.
2. Write thank you's to all schools involved.
3. Report results to news media.

Example #1

BIKE RODEO

PURPOSE: To inspect and register bicycles.
To promote bicycle safety.
To check bike riding skills.

DATE: April 23-29, "Traffic Safety Awareness Week"

LOCATION: Kelso Elementary Schools

TIME: 3:00 p.m. until completed

SPONSOR: Kansas High School Safety Club, assisted by the state patrol, P.T.A. and local police

SUGGESTED SCHEDULE

1. a. Education officer from patrol visits schools prior to rodeo or
b. Teacher discusses bicycle safety with classes.
2. The rodeo will be conducted at individual elementary schools in the district on consecutive days during T.S. Awareness Week.
3. Follow-up by teacher.

ACTIVITIES

1. Students first have their bikes safety inspected. The result is given on a check sheet to each student when this is completed.
2. High school students will register bicycles with police.
3. High school students will conduct six skill exercises to individual students.
 - a. Straight line balance test
 - b. Steering
 - c. Poise, balance, decision
 - d. Figure eight
 - e. Signaling
 - f. Pedaling and braking

*The results of the skill exercises will be recorded on the back of the inspection sheet to go home with the student.

EQUIPMENT NEEDED

1. Hard surface area.
2. Desk or table for recording registrations.

MATERIALS AVAILABLE

1. Sample inspection checklist sheets.
2. Sample skills checklist sheets (may be on same sheet as inspection sheet.)
3. Description and layout of skills.
4. Bicycle Driver's Guide – Safe Cycling for Bikers of All Ages.

Example #2

April 23-29: TRAFFIC SAFETY AWARENESS WEEK
BIKE RODEO

PURPOSE: To inspect and register bicycles
To promote bicycle safety
To check bike riding skills

DATE AND TIME: April 24 Wallace Elementary 2:30 p.m.
April 26 Butler Acres Elementary 3:15 p.m.
April 29 Kansas High School 10:00-2:00
(all city rodeo)

LOCATION: Kansas High School parking lot on April 29th

SPONSOR: Kansas High School Safety Club

MATERIALS: Available from building principals:
1. Explanation of rodeo skill exercises
2. Diagram of bicycle and bicycle parts
3. Mini-bike unit
4. Layout of bike rodeo
5. Bike inspection sheet and skills exercise scoring sheet

Example #3

SUPPLIES NEEDED

- Score/inspection sheets
- Outline of exercise
- Clip boards and pencils
- List of students participating and their assigned duties
- Limer and lime
- Tape measurer
- Rope or cord

Example #4

Date

Dear (Principal's name) and Staff,

Thank you for allowing the _____ High School SAFETY Club to come to your school and share our bicycle safety program with your students.

It was as much fun for our high school students to put it on as it was for your grade school students to go through the course. We hope to do it again next year and hope that you will be willing to let us return to your school.

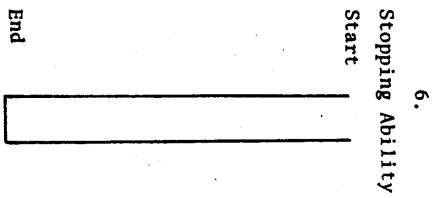
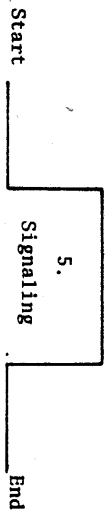
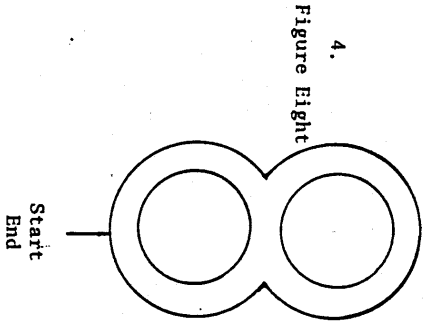
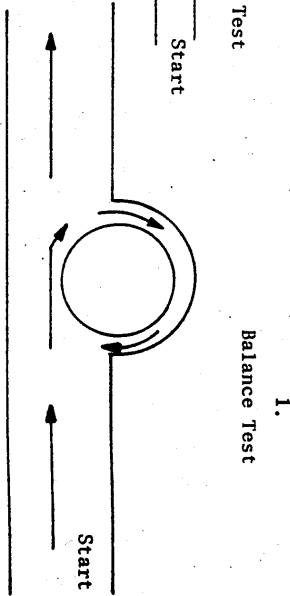
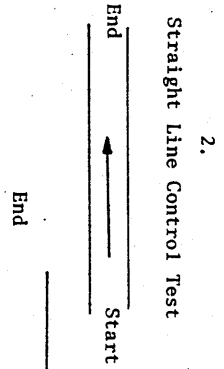
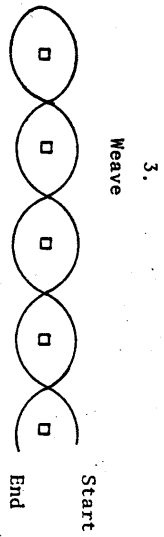
Thank you again for your cooperation.

Sincerely,

(name)
Secretary/Treasurer of SAFETY club
_____ High School

SAMPLE BICYCLE SKILL TESTS

Example: #5



PRACTICE COURT EXERCISES

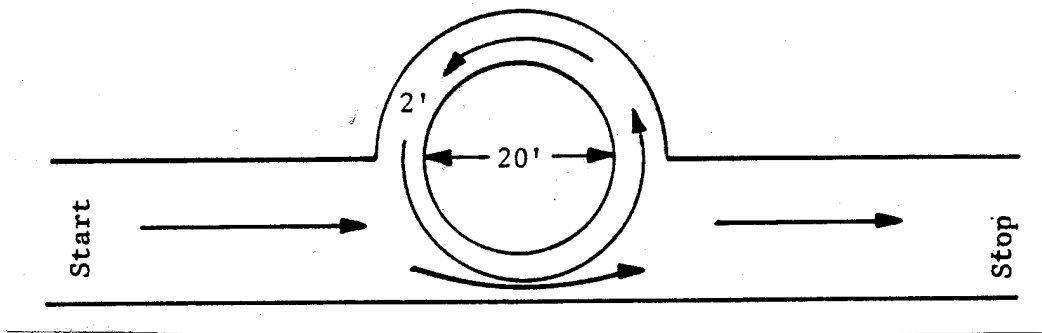
EXERCISE #1 – BALANCING ON A CURVE

Purpose: To test ability to balance on a curve.

Test: Ride into circle. Complete two times around and out the other side and stop.

Scoring: Perfect score is 10 points. Deduct points for the following faults:

- 1 point if rider exhibits poor position
- 1 point each time tire touches line
- 3 points each time foot touches ground
- 4 points each time rider stops or falls off bicycle



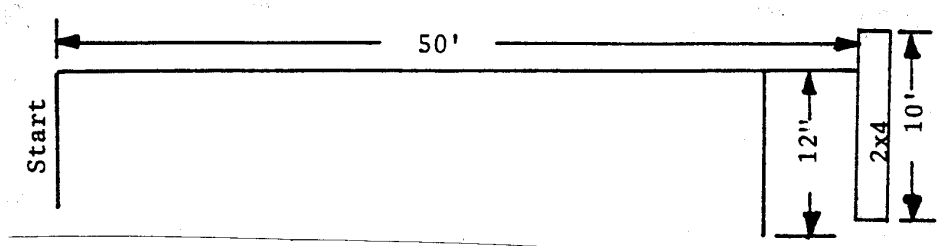
EXERCISE #2 - PEDALING AND BRAKING

Purpose: To test correct position, ability to pedal and brake accurately and evenly.

Test: Mount bicycle and ride towards board at end of exercise. Brake to a smooth stop, without skidding, so that the front tire is within one foot of the board, but does not touch board. Dismount.

Scoring: Perfect score is 10 points. Deduct points as follows:

- 1 point if rider has trouble mounting bike
- 1 point if rider exhibits poor position on bike
- 1 point each time rider loses control while pedaling
- 2 points if bicycle skids while making a stop
- 3 points if rider hits board or stops more than one foot away



PRACTICE COURT EXERCISES

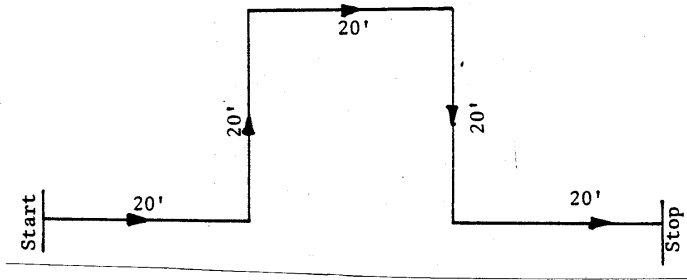
EXERCISE #3 – SIGNALING

Purpose: To test knowledge of signals and ability to maneuver.

Test: Ride around the course giving proper hand signals at each turn and the final stop.

Scoring: Perfect score is 10 points. Deduct points as follows:

- 1 point for rider exhibiting poor position
- 1 point each time corner blocks are struck
- 2 points for overshooting and mark when braking
- 3 points each time rider fails to signal correctly



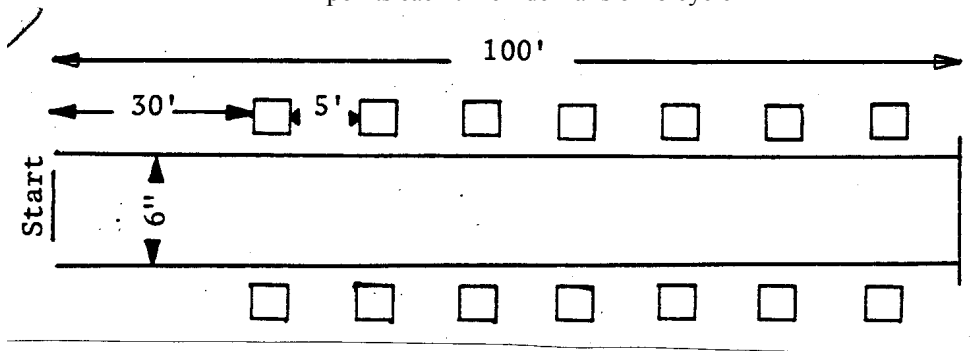
EXERCISE #4 – STEERING

Purpose: To test balance and ability to control bicycle.

Test: Ride between two parallel lines six inches apart and flanked with wooden blocks without touching lines or blocks.

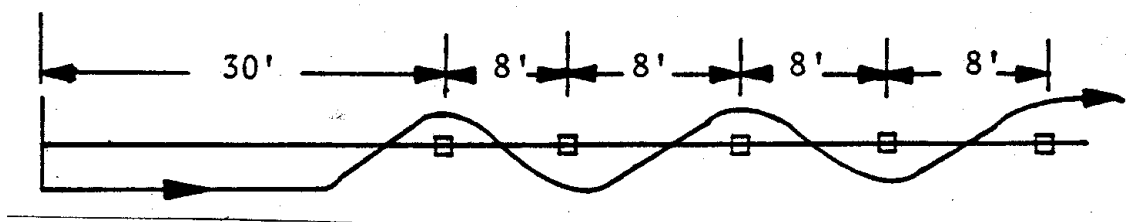
Scoring: Perfect score is 10 points. Deduct points as follows:

- 1 point for poor position
- 1 point each time tire touches line
- 2 points each time tire goes outside line
- 3 points each time tire touches block
- 4 points each time rider falls off bicycle



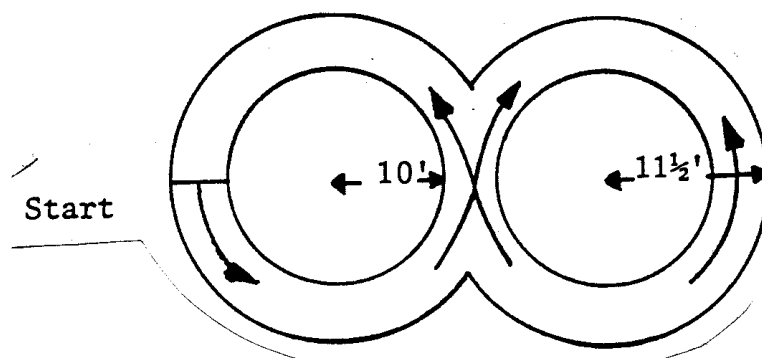
EXERCISE #5 – WEAVING

- Purpose:* To test poise, balance and decision.
- Test:* Rider is to weave around blocks placed in straight line.
- Scoring:* Perfect score is 10 points. Deduct points as follows:
- 1 point for poor position
 - 2 points each time foot touches ground
 - 2 points each time block is moved or touched
 - 3 points for failing to go between blocks



EXERCISE #6 – FIGURE EIGHT

- Purpose:* To test ability to change balance.
- Test:* Ride three times around figure eight made from two circles of 10 and 11-1/2 foot radius, without touching lines.
- Scoring:* Perfect score is 10 points. Deduct points as follows:
- 1 point if rider exhibits poor position
 - 1 point each time tire touches line
 - 3 points each time foot touches ground
 - 4 points each time rider falls off bicycle



BICYCLE INSPECTION CHECKLIST

(Circle all that apply.)

<u>PARTS</u>	<u>NEEDS REPAIR</u>			<u>OK</u>	<u>N/A</u>
Handle bars	Loose	Alignment		OK	N/A
	Bent	Grips		OK	N/A
Lights	Headlights	Tail-lights		OK	N/A
	Reflectors				
Seat	Loose	Height	Angle	OK	N/A
Wheels	Front:	Alignment	Rim Spokes	OK	N/A
	Rear:	Alignment	Rim Spokes	OK	N/A
Tires	Front:	Tread	Inflation Valves	OK	N/A
	Rear:	Tread	Inflation Valves	OK	N/A
Pedals	Adjustment	Worn		OK	N/A
	Broken				
Brakes	Hand	Cable adjustment		OK	N/A
	Coaster	Adjustment		OK	N/A
Chain	Worn	Tension	Guards	OK	N/A
Frame	Bent	Broken		OK	N/A
Fenders	Front:	Bent	Broken Missing	OK	N/A
	Rear:	Bent	Broken Missing	OK	N/A
Proper size	Too small	Too big		OK	N/A
Gears	Shifter	Cable condition		OK	N/A

COMMENTS: _____



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