

Seat Belts Save Lives!

Buckling your seat belt reduces your risk of fatal injury. This risk is highest while you're young. Car crashes kill many Kansas teenagers each year. Buckling up costs nothing and takes only seconds. Make a pledge to fasten your safety belt each time you get into a car and be sure to take every opportunity to encourage others to buckle up too.

Think of the lives that would be saved if you and all other Kansans buckled up!



This information is distributed in the interest of Safety by Kansas Farm Bureau.

Kansas Farm Bureau represents grassroots agriculture. Established in 1919, this non-profit advocacy organization supports farm families who earn a living in a changing industry.

Kansas Farm Bureau

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Kansas Farm Bureau

**FOR LIFE AND
HEALTH...**

BUCKLE UP!

KFB's Safety Division

Tel: 785/587-6000 ext. 6150

What's Your Excuse?

Seat belts are uncomfortable.

In a car accident—without your seat belt—you would smash into the steering column, slam into the dashboard, or crash through the windshield. This, too, can be very uncomfortable.

Seat belts wrinkle my clothes.

Sometimes. But sitting also wrinkles clothes. Wearing clothes wrinkles clothes. Flying through a windshield, however, really wrinkles clothes.

Only geeks wear seat belts.

Really? All we know is that without seat belts—jocks, cheerleaders, “A” students, average students and geeks—would all fly through the windshield at the same rate. In fact, even being really cool won't keep you in your seat without your seat belt.

Seat belts restrict my freedom of movement.

You're right. Without your seat belt you have all the freedom in the world—to crash into your windshield, to slam into your car's interior, or to be thrown from your car and slide along the pavement. Freedom is great.

I'll never have an accident. I'm a good driver.

That's nice. Unfortunately, good drivers can be hit by bad drivers, drunk drivers, or other good drivers with mechanical failures. Few people intend to have accidents. That's why accidents aren't called “on purposes.”

I'd be too embarrassed to ask my friends to use their seat belts.

Every year thousands of people die in car accidents although not one person has died from embarrassment while wearing a seat belt.



An Accident can take the fun out of life.

Have you ever thought about life *after* a car crash? It'll never be the same for the Kansans handicapped or disfigured for life by traffic accidents each year. Brain damage caused by head injuries leave many survivors disabled. Neck and spinal injuries sentence others to a lifetime in wheelchairs. Bone, joint, and muscular damage restrict activities of still other victims.

Of course, some accident victims don't have to worry about any of those scenarios because their injuries are **FATAL**.

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