

Apple Pancakes

Slices of apple, dipped into pancake batter, deep fried and sprinkled with sugar and cinnamon. Enough for a main dish but also nice as a dessert.

Ingredients

- 10oz / 300g flour, sifted
- 4 eggs
- 2 tsp sugar
- 1/8 tsp salt
- 1 tbsp vanilla extract
- 1 tbsp gin (optional)
- 1 cup / 250ml milk
- 1 tbsp vegetable oil
- 3 apples, cored and cut into ½ in / 1cm thick slices
- at least 1 cup / 250ml vegetable oil (for frying)
- cinnamon and sugar for sprinkling the pancakes
- cream and mint leaves for garnish

Preparation

- 1. Combine eggs, sugar, salt and vanilla extract. Beat until foamy.
- 2. Stir in oil and flour, add milk. Add gin if desired. Mix well. The result should be a fairly thick pancake batter.
- 3. Core apples, cut into ½ in / 1cm slices.
- 4. Set non-stick pan over medium-high heat. Add 1 cup / 250ml of oil.
- 5. Dip sliced apples into pancake batter. Coat well. Drop into pan and put 1 tbsp of batter on top of each apple slice.
- 6. Fry until golden brown on one side, then turn and fry until golden brown on the other side.
- 7. Remove from pan, blot dry with paper towels, keep warm. continue frying until all pancakes are done, add oil if necessary.
- 8. Sprinkle with sugar and cinnamon
- 9. Serve warm, optionally with a bit of cream and a few mint leaves.