

Wheat Fun Facts

In the U.S., one acre of wheat yields an average 37.1 bushels of wheat. An acre is the size of a football field or 43,500 square feet.

Kansas produces enough wheat each year to bake **36 billion** loaves of bread.



Kansas produces enough wheat each year to feed everyone in the world (over **six billion** people) for about **two** weeks.

An acre of Kansas wheat produces enough bread to feed nearly **9,000** people for one day.

Grain-based foods like those produced with wheat provide complex carbohydrates, which are the best fuel for our bodies, are low in fat, high in fiber, and provide vitamins, especially the 4 key B vitamins, Thiamin, Riboflavin, Niacin, and Folic Acid, as well as iron.