Wheat Fun Facts

In the U.S., one acre of wheat yields an average 37.1 bushels of wheat. An acre is the size of a football field or 43,500 square feet.

Kansas produces enough wheat each year to bake

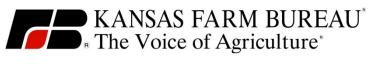
36 billon loaves of bread.



Kansas produces
enough wheat each
year to feed everyone
in the world (over six
billion people) for
about two weeks.

An acre of Kansas wheat produces enough bread to feed nearly **9,000** people for one day.

Grain-based foods like those produced with wheat provide complex carbohydrates, which are the best fuel for our bodies, are low in fat, high in fiber, and provide vitamins, especially the 4 key B vitamins, Thiamin, Riboflavin, Niacin, and Folic Acid, as well as iron.



Source: National Association of

Wheat Growers

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