

# APPLY IT TO AG!

Your Directions to Ag Connections

# GROCERY STORE SCAVENGER HUNT!

**Milk:** Find a gallon of REAL milk and compare it to a gallon of soy, almond, or other non-dairy product. How do the prices compare?

Real milk: \$\_\_\_\_\_ Non-Dairy Product \$\_\_\_\_\_

**Cheese:** Find three different types of cheese. Write down their names and color.

Cheese Name	Color

**Butter:** Find a package of butter and compare it to a package of margarine. Look at the nutrition label and record the information below:

Product	Total Fat	Unsaturated Fat	Trans Fat
Butter			
Margarine			

**Yogurt:** Visit the yogurt aisle. Do you like yogurt? Look at all the different flavors and write down the ones that sound the tastiest!

Flavor #1:\_\_\_\_\_ Flavor #2:\_\_\_\_\_ Flavor #3:\_\_\_\_\_

**Ice Cream:** Go to the best section of the store: the ice cream aisle! Try to find a container of ice cream that you eat regularly. Look at the nutrition label. How much calcium is in it?

Calcium content:\_\_\_\_\_

**Other Dairy Products:** Locate a dairy product that you have not seen before. Write down the name, and one use of the product:

Name:\_\_\_\_\_ What is it used for?\_\_\_\_\_